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### EL MORRO AREA ARTS COUNCIL

**VOLUME TWENTYTHREE: ISSUE THREE -B** 

AUG-SEPT 2020

In the Artists' Quarter

### "Art Makes Life Worth Living"

Paintings by David Kessler

Opening Reception Sunday, August 9, 10-5

Dr. Kessler will be there from 2-4
There will be a shaded outdoor area for visiting and refreshments..
Social distancing and mask wearing will be observed throughout.

If you are not able to attend, you may see the exhibit at <a href="www.oldschoolgallery.org">www.oldschoolgallery.org</a>

Exhibition Runs: August 8 - October 3

Dr. David Kessler was a physician at Zuni hospital, a founding member of EMAAC and the Old School Gallery and a resident of El Morro. Four years ago David experienced a stroke which affected the left hemisphere of his brain, the part where speech originates. His right side is partially paralyzed and he is unable to use his right hand. After spending a year in Denver at Craig rehabilitation center, David moved to Santa Fe.

David began to come to my studio to make art with some instruction and help. Learning to paint with his non-dominant hand was challenging at first, but in a short time his dexterity improved impressively. He began with a landscape, then moved to a series of abstract paintings, but it was when he began painting his brain and self-portraits that he really found his genre. I think that it is a way for him to express his feelings, as his speech is very limited. Many of the paintings have a split--showing a shadow side and a radiant side. The pathos is palpable in many of these works.

David loves to paint and in three years has made an impressive body of work. It has been a healing time for David and for us, and we have enjoyed many an afternoon in the studio. Lisa de St. Croix



Painting: My Two Sides by David Kessler

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### LETTER FROM YOUR PRESIDENT

This is the second of our shortened newsletters due to the changing Covid -19 situation. Many thanks to Pam Davis for her diligence, hard work and creativity in creating these newsletters.

We had a social distancing board meeting and a programming meeting in July. We are very excited about creating a lively online presence, beginning with our very own YouTube channel! We are also very grateful to Twinkletoes, Bob Shafer and Kirk Shoemaker for creating and managing the channel. The Arts Council is staging several Zoom events; and possibly----- Drive-in-Movies and Music on our outside stage.

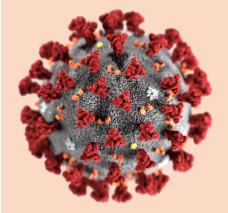
Barbara Duncan is managing the docent program. Thank you, Barbara! We are *trying* to keep the Gallery open on Saturdays and Sundays. If you have never docented for EMAAC—Barbara can help! Please contact her at <a href="mailto:balleduncan@gmail.com">balleduncan@gmail.com</a> if you would like to docent. We especially need someone there on Saturdays..

We are sorry to see Monica Stewart, Redwulf and Cornell Henio leave the Board. Thanks to all for all your work. You will be missed! A list of current board members is posted at the gallery, and the board meeting minutes are available for public review at any time.

Because everything is so fluid at this point in our lives, please check Facebook and our webpage, www.oldschoolgallery.org, for updated information.

We will send out Mail Chimp announcements as plans change. If you are not getting these announcements, please e-mail <a href="mailto:emaacdirector@gmail.com">emaacdirector@gmail.com</a>. Also, don't forget to update your membership! We can prorate your payment!

Your *very interim*, but dedicated President Rosalie Bianchi



The Gallery was closed last quarter due to COVID-19, but will be open on Sundays 11-4 ( & possibly Saturdays) with restrictions. Most Ongoing Groups are meeting. Many events will be virtual.

Please check our website <a href="www.oldschoolgallery.org">www.oldschoolgallery.org</a> or the Old School Gallery Facebook page, or call 505-369-4047 for current information.

And....Check our website for a link to the YouTube performances!

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### THIRD QUARTER EVENTS

### Zuñi Mountain Adventure

Geologic Driving and Hiking Tour with Bob Schafer

Sunday, August 2, Meet at the gallery at 9:30, Tour is 10am -3pm Bob will offer a guided journey into the Zuñi Mountains to visit a number of interesting geological sites.

Bring water, sun screen, sun hat, mask, lunch and any other items you may need to ensure an enjoyable day!





### **OPEN MIC ON ZOOM**

Sunday, August 16, 7pm

If you have an e-mail address in our database, you will get an invitation to join this event. To perform--or to watch--join the meeting at the specified time. (You must have Zoom downloaded (free) on your device in order to access the event.)

### Readers' Theater at The Old School Gallery

Sunday, August 23, 3pm
With masks & social distancing

Join us for a fun hour reading a hilarious or mysterious, but always interesting melodrama. The more the merrier--we have room to spread out--or can sit outside.

### A Poetry Slam ...on Zoom

Tentative date: September 26, 7pm

And possibly Poetry on YouTube --- to be viewed at any time

Final plans will be announced on Facebook, through Mail Chimp and noted on the website calendar

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### Q3 EXHIBITORS' NOTES

In the Artists' Quarter: "Art Makes Life Worth Living"

by David Kessler

The Opening Reception, Sunday, August 9, 10am-5pm will be spread throughout the day to allow for social distancing. All artists and guests are requested to wear masks.

There will be a shaded outdoor area for visiting and refreshments.

Exhibiting artists need not stay all day, but are asked to bring non-perishable goodies to share.

David will be there from 2-pm-4pm

Exhibition Runs: August 8 - October 3

### Fourth Quarter 2020

In the Artists' Quarter:

"Here and There: Landscapes and Memories"

Paintings by Andrea Sparks

Art for the Fourth Quarter exhibition will be due October 4, 2020



### Want to Lead a Workshop Next Quarter?

If you're interested in leading a workshop, class, outing or lecture, virtual or actual, the programming committee would like to hear from you. All subjects are welcome: art, music, theater, history, anthropology, science, healing, geology, cooking, poetry, psyanky, quilting, weaving--you decide!

Contact the programming committee by sending ideas to emaacdirector@gmail.com

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### **ON-GOING GROUPS**

Due to Covid-19 some groups are cancelled. *Masks are required at most events.* Contact the instructor for current information. At the Gallery unless specified.

### Tai Chi Chuan

### Sun and Moon Circle

Taught by Monika and Urs Gauderon Mondays, 5:30 p.m.—\$60/4 sessions For location or info call (505) 775-3045



### Weekly Yoga

Thursdays, except July 23 9:00-10:30 Outside Beginners welcome.

Come join us ---Increase your flexibility and relax your mind.

Questions? Contact Chris at (505 )783-4866 or email <a href="mailto:cmarlow00@gmail.com">cmarlow00@gmail.com</a>

### **QIGONG**

Taught by Jon Marshall Thursdays 6:00-7:15pm

Call weekly for confirmation 505-593-0476

### "So .... You Think You Can't Dance?"

The <u>First Friday of each month 7:30 pm</u>
<u>Outside</u> at the Belly Button Ballroom

Informal Dancing and Dessert
Limited to 10 persons this quarter
RSVP to reserve a space
pamelad1946@gmail.com

Masks and distancing will be practiced

### KundaDance®

With Catharine Embrey

A high-intensity, fun, uplifting, cardio, creative movement dance workout; combining Kundalini Yoga, Tai Chi and Qi Gong.

KundaDance® takes you on a journey through the chakras, aligning your body, mind and spirit.

POSSIBLY RESUMING IN OCTOBER

### Kundalini Yoga

### POSSIBLY RESUMING IN OCTOBER

If there is interest in any of her classes this fall or you have questions, Contact Catharine <a href="mailto:cembrey4@gmail.com">cembrey4@gmail.com</a>

### GoddessLife Rainbow Goddess Belly Dancing Lessons

POSSIBLY RESUMING IN OCTOBER

Contact Catharine: cembrey4@gmail.com

### Wu Family Tai Chi Practice

Sundays 9:30 Outside at the Gallery Coordinated by Tom and Julie Himelick Beginners are especially WELCOME!

Elmorroguy@gmail.com

### Poetry Group

Most Sundays at 11:00 am It's a ZOOM meeting!

Poets at all levels of development meet to share poetry and support each other.

Contact Redwulf at waveridersheal@yahoo.com

### Readers' Theater

With masks & social distancing
Once a month --Sunday 3pm--call for dates
George 505-783-4393 or Barbara 505-495-0029

### Science Group! Join the lively discussion!

The third Sunday of each month 1:30pm Masks and social distancing practiced

On The Patio

at Inscription Rock Trading & Coffee Co.

Call Jane (505) 783-4551 or Rosalie (505) 783-4076

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### MONTHLY READING GROUP Third Tuesdays @ 7:30

Meetings will be held through Zoom or, if at the homes, outside if necessary, to preserve safe and recommended practices to avoid the spread of COVID-19. Call host for information



### August 18: Overstory by Richard Powers, non-fiction 2018.

Multiple awards including the Pulitzer. About trees! And so much more! Maureen Kearns hosts on Zoom. Contact mokearns@yahoo.com for instructions and to sign up.



### Sept. 15: Wolf Hall by Hillary Mantel, historical fiction 2012.

First book of the trilogy by the same name, set in England in the 1520s, the story follows Cromwell's influence over church and King. According to *The Boston Globe* "....a darkly brilliant reimagining of life under Henry VIII...Magnificent" At the home of Jill Acheson (505) 783-4803 for directions or Zoom instructions.

### **COMMUNITY EVENTS**

Ramah Farmers Market is closed during the Covid-19 Pandemic



However...
If You are Interested
in Fresh Veggies and
Local Crafts....



Ramah Food Circle provides community access to Market Vendors.
You will be able to buy directly from the farmer or craftsperson.

Pick up will be every Saturday from 10 to 11 at the Ramah Community Park

**Pre Orders, Masks** and **Social Distancing** required.

<u>To Pre-Order</u>: Go to the Ramah Food Circle Facebook Page and order online or call Cindy at 505-301-7605, Chris at 783-4866 or Jackie 783-4440 to be placed on a vendor's phone or email list (no Facebook needed).

Timberlake Food Circle, El Morro Food Circle and Candy Kitchen Food Circle have also created a dynamic avenue for customers to get Market items.

Access these Food Circles through Facebook, place your order and pick up at the designated spot.

Feel free to contact us (above) or <a href="mailto:ramahfarmersmkt@gmail.com">ramahfarmersmkt@gmail.com</a> with any questions

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Thank You! For your continuing support of the Arts Council during this difficult time. Elease practice social distancing and wear masks where appropriate. Stay Safe!

### PLEASE SUPPORT OUR PATRONS !!!

### **Ancient Way Café**

Open for Takeout and Outdoor Dining!



HC 61 Box 44 Ramah, NM 87321

505-783-4612 Web: elmorro-nm.com Email: elmorrorv@yahoo.com RV and Cabin reservations may be made online or by phone

### WAVE RIDERS OF THE **ANCIENT WAY**

**Redwulf and Standing Feather** are fully available for healing work. Please call the Wave Riders' Yurt at 505-717-7841 with questions or to make an appointment.



### **OFFICE EQUIPMENT & SUPPLY, INC.**

1900 E. Historic Hwy 66, Gallup, NM 87301 505-722-6661, 1-800-748-1603, Fax 505-863-4981 www.butlersofficecity.com

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A Special **Thank** You to US Bank which has generously supported EMAAC's programing and publicity for several years! The grants have especially benefitted our musical and youth programs.

### Attention! A Friendly Reminder regarding photos and videos!

If you attend an EMAAC event and take photos or videos, we would love to have copies of these for our archives and grant applications. Please tag them to the Old School Gallery's Facebook page

All materials for the Fourth Quarter Newsletter are due by September 1st. Please submit to the Program Committee at emaacdirector@gmail.com before then for scheduling and approval.

# On Going Monthly Groups:

So You Think You Can't Dance—First Fridays 7:30pm Science Group—Third Sundays 1:30pm Book Discussion Group—Third Tuesdays 7:00pm

### August 2020

## On Going Weekly Groups:

Tai Chi Chuan---Mondays 5pm
Yoga—Thursdays 9:30am
Qui gong—Some Thursdays 6pm
Wu Family Tai Chi —Sundays 9:30am
Poetry Group—most Sundays 11am

| Mon                                    | Tue | Wed                     | Thu | Fri | Sat      |
|--|-----|-------------------------|-----|-----|----------|
|  |     |                         |     |     | 1        |
| 2 Zuni Mountain 3<br>Geology Tour 9:30 | 4   | 5                       | 6   | 7   | <b>∞</b> |
| 10                                     | 11  | 12                      | 13  | 14  | 15       |
| 17                                     | 18  | 19 Board Meeting<br>3pm | 20  | 21  | 22       |
| 24                                     | 25  | 26                      | 27  | 28  | 29       |
| 31                                     |     |                         |     |     |          |
|  |     |                         |     |     |          |

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Wu Family Tai Chi —Sundays 9:30am
Poetry Group—most Sundays 11am

| 27 | 20                       | 13                      | 6        |    | Sun |
|----|--------------------------|-------------------------|----------|----|-----|
| 28 | 21                       | 14                      | 7        |    | Mon |
| 29 | 22                       | 15                      | <b>∞</b> | т. | Tue |
| 30 | 23                       | 16 Board meeting<br>3pm | 9        | 2  | Wed |
|    | 24                       | 17                      | 10       | ω  | Thu |
|    | 25                       | 18                      | 11       | 4  | Fri |
|    | 26 Poetry on<br>Zoom 7pm | 19                      | 12       | б  | Sat |

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### EMAAC Membership Form

The El Morro Area Arts Council (EMAAC) is a vibrant organization that celebrates diversity, thrives on the sharing of creative ideas through programs, exhibitions and workshops. EMAAC supports The Old School Gallery, a community-centered activity hub for traditional and contemporary arts. The Gallery is open Friday-Sunday 12-5. EMAAC membership is open to all artists and individuals who share a love of the arts and the Ramah/El Morro community. The membership term is from January 1 to December 31. Please Join Us!

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|---|-------|---------------------------------|--|--|--|--|--|
| Full Name   |       |                                 |  |  |  |  |  |
| Email Address   |       |                                 |  |  |  |  |  |
| Mailing Address   |       |                                 |  |  |  |  |  |
| City  | State | Zip                             |  |  |  |  |  |
| Phone Number  |       |                                 |  |  |  |  |  |
| Web or Facebook Page  |       |                                 |  |  |  |  |  |
| Receive Newsletter: Postalor Email  |       |                                 |  |  |  |  |  |
| New MemberRenewal   |       |                                 |  |  |  |  |  |
| Membership Level:   |       |                                 |  |  |  |  |  |
| Student (\$12)  | F     | Friend of EMAAC (\$37-\$99)     |  |  |  |  |  |
| Individual (\$24)   |       | EMAAC Champion (\$100-\$249)    |  |  |  |  |  |
| Family (\$36)   |       | EMAAC Sponsor (\$250 or More)   |  |  |  |  |  |
| Interested in Volunteering? Y N How?  |       |                                 |  |  |  |  |  |
|   |       |                                 |  |  |  |  |  |
| Mail this form with your comments or suggestions to:  |       |                                 |  |  |  |  |  |
| EMAAC, PO Box 296, Ramah, NM 87321 * 505-369-4047 * www.theoldschoolgallery.org   |       |                                 |  |  |  |  |  |
|   |       |                                 |  |  |  |  |  |
|   |       |                                 |  |  |  |  |  |
|   |       |                                 |  |  |  |  |  |
| The EMAAC Newsletter is published quarterly by the El Morro Area Arts Council. This project is supported in part by New Mexico Arts, a division of the Department of Cultural Affairs and by the National Endowment for the arts. |       |                                 |  |  |  |  |  |
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El Morro Area Arts Council PO Box 296 Ramah, NM 87321