

# EL MORRO AREA ARTS COUNCIL

VOLUME TWENTYTHREE: ISSUE THREE - A

JULY

In consideration of your safety during the COVID-19 pandemic, some events may be cancelled. Please check our website [www.oldschoolgallery.org](http://www.oldschoolgallery.org) or the Gallery Facebook page, or call 505-369-4047 for current information.

## In the Artists' Quarter "Art Makes Life Worth Living"

Paintings by David Kessler

Opening Reception

Sunday, July 19, 10-5

Social distancing and mask wearing will be observed throughout.

Exhibition Runs:

July 18 - October 3

Dr. David Kessler was a physician at Zuni hospital, a founding member of EMAAC and the Old School Gallery and a resident of El Morro. Four years ago David experienced a stroke which affected the left hemisphere of his brain, the part where speech originates. His right side is partially paralyzed and he is unable to use his right hand. After spending a year in Denver at Craig rehabilitation center, David moved to Santa Fe.

David began to come to my studio to make art with some instruction and help. Learning to paint with his non dominant hand was challenging at first, but in a short time his dexterity improved impressively. He began with a landscape, then moved to a series of abstract paintings, but it was when he began painting his brain and self-portraits that he really found his genre. I think that it is a way for him to express his feelings, as his speech is very limited. Many of the paintings have a split--showing a shadow side and a radiant side. The pathos is palpable in many of these works.

David loves to paint and in three years has made an impressive body of work. It has been a healing time for David and for us, and we have enjoyed many an afternoon in the studio. Lisa de St. Croix



Painting: *My Two Sides* by David Kessler

## LETTER FROM YOUR BOARD OF DIRECTORS

We have decided to open slowly and carefully, beginning Sunday, July 19th, in accordance with New Mexico State regulations. This means small group gatherings at 25% capacity, which is approximately 15 people or less in the Gallery, to accommodate social distancing. Wearing masks is required indoors, and outdoors if social distancing cannot be guaranteed. This will be updated following the Governor's guidelines.

There will be a shaded place outdoors for people to gather in small groups. Please take precautions, especially if you are at risk. We will also make sure that we clean and sanitize after each gathering.

It has been a long spring, but hopefully the summer will bring some opportunities for us to joyfully meet together with care and compassion for our most vulnerable community members.

We hope you are all doing okay and staying safe.

*The EMMAC Executive Committee*

*Rosalie Bianchi, Interim President*

*Carrie Starr, Treasurer*

*Melissa Kadinger, Secretary*

## THIRD QUARTER EVENTS

The Gallery was closed last quarter due to COVID-19, but will be open weekends this quarter with restrictions. Most Ongoing Groups are meeting. A second edition of the Newsletter will be issued when events are planned for August and September. As of July 1 we only have the Zuñi Mountain Adventure below scheduled in August.

### Zuñi Mountain Adventure

*Geologic Driving and Hiking Tour with Bob Schafer  
(Car pooling encouraged)*

Sunday, August 2, Meet at the gallery at 9:30, Tour is 10am -3pm

Bob will offer a guided journey into the Zuñi Mountains to visit a number of interesting geological sites. *Bring water, sun screen, sun hat, mask, lunch and any other items you may need to ensure an enjoyable day!*

### Want to Lead a Workshop this Quarter? August? September?

If you're interested in leading a workshop, class, outing or lecture, the programming committee would like to hear from you. All subjects are welcome: art, music, theater, history, anthropology, science, healing, geology, cooking, poetry, psanky, quilting, weaving--you decide.

Contact the programming committee by sending ideas to [emaadirector@gmail.com](mailto:emaadirector@gmail.com)

## Q3 EXHIBITORS' NOTES

In the Artists' Quarter: "*Art Makes Life Worth Living*"

by David Kessler

Opening Reception - Sunday, July 19, 10am-5pm

Throughout the day to allow for Social Distancing

Exhibition Runs: July 17 - October 3

**Q3 Submissions: The Gallery will not be officially open, but someone will be there to accept incoming art on Sunday July 12, 12-4.**

Art Submission Deadline: Thursday, July 16, 11:30 am (*no later!*)

If you cannot meet this deadline, contact Pam at 505-870-6245 to make other arrangements.

Each exhibition has a theme/title which is chosen by the artist(s) featured in the Artists' Quarter. The themes are meant to inspire, are open to interpretation and are never mandatory.

**The Opening Reception, Sunday, July 19, 10am-5pm will be spread throughout the day to allow for social distancing. All artists and guests are requested to wear masks.**

**There will be a shaded outdoor area for visiting and refreshments.**

*Exhibiting artists need not stay all day, but are asked to bring non-perishable goodies to share.*

### Fourth Quarter 2020

In the Artists' Quarter:

*"Here and There: Landscapes and Memories"*

Paintings by Andrea Sparks

Art for the Fourth Quarter exhibition  
will be due October 4, 2020



## ON-GOING GROUPS

Due to Covid-19 some groups are cancelled. *Masks are required at most events.*  
Contact the instructor for current information. At the Gallery unless specified.

### Tai Chi Chuan

#### *Sun and Moon Circle*

Taught by Monika and Urs Gauderon  
Mondays, 5:30 p.m.—\$60/4 sessions  
For location or info call (505) 775-3045

### *Kundalini Yoga*

**RESUMING IN AUGUST**

All classes meet at 5pm  
Questions? Contact Catharine  
[cembrey4@gmail.com](mailto:cembrey4@gmail.com)



### *Weekly Yoga*

Thursdays, except July 23  
9:00-10:30 Outside  
*Beginners welcome.*

*Come join us ---Increase your flexibility  
and relax your mind.*

Questions? Contact Chris at (505) 783-4866 or  
email [cmarlow00@gmail.com](mailto:cmarlow00@gmail.com)



### *GoddessLife Rainbow Goddess Belly Dancing Lessons*

**RESUMING IN AUGUST**

Contact Catharine: [cembrey4@gmail.com](mailto:cembrey4@gmail.com)

### Wu Family Tai Chi Practice

Beginning July 26

Sundays 9:30 Outside at the Gallery  
Coordinated by Tom and Julie Himelick  
Beginners are especially WELCOME!

Beginning  
July 9th

### QIGONG



Taught by Jon Marshall  
Thursdays 6:00-7:15pm  
For information call 505-593-0476

### "So.... You Think You Can't Dance?"

The First Friday of each month 7:30 pm  
Outside at the Belly Button Ballroom

*Informal Dancing and Dessert*  
Limited to 10 persons in July

RSVP to reserve a space  
[pamelad1946@gmail.com](mailto:pamelad1946@gmail.com)

Masks and distancing will be practiced

### Poetry Group

*Most Sundays at 11:00 am  
It's a ZOOM meeting!*

Poets at all levels of development meet  
to share poetry and support each other.

Contact Redwulf at [waveridersheal@yahoo.com](mailto:waveridersheal@yahoo.com)

### Readers' Theater

With masks & social distancing  
Sunday, July 26th 3pm

Call George 505-783-4393 or Barbara 505-495-0029

### KundaDance®

*With Catharine Embrey*

A high-intensity, fun, uplifting, cardio,  
creative movement dance workout; combining  
Kundalini Yoga, Tai Chi and Qi Gong.

KundaDance® takes you on a journey through  
the chakras, aligning your body, mind and spirit.

**RESUMING IN AUGUST**

### Science Group!

**Join the lively discussion!**

The third Sunday of each month 1:30pm  
Masks and social distancing practiced

*On The Patio*

**at Inscription Rock Trading & Coffee Co.**

Call Jane (505) 783-4551 or Rosalie (505) 783-4076



# MONTHLY READING GROUP Third Tuesdays @ 7:30

Meetings will be held through Zoom or, if at the homes, outside if necessary, to preserve safe and recommended practices to avoid the spread of COVID-19. Call host for information



**July 21: The Color of Water by James McBride, non-fiction 2010.**

A memoir of the black author's appreciation of his white mother.  
At the home of Caroly Jones, (505) 783-4864 for directions or Zoom instructions.

**August 18: Overstory by Richard Powers, non-fiction 2018.**

Multiple awards including the Pulitzer. About trees! And so much more.  
At the home of Pam Davis (505-) 870-6245 for directions or Zoom instructions.



**Sept. 15: Middlemarch by George Eliot, 1872.**

A book beloved by many, Jill thinks it is pertinent for our time and deserves a re-read---or first read!  
At the home of Jill Acheson (505) 783-4803 for directions or Zoom instructions.

## COMMUNITY EVENTS

### Ramah Farmers Market Under Covid-19

The July/August issue of The Beet has information for a Virtual Plant Sale and Virtual Seed Exchange.  
If you would like to receive e-mails of these postings, send a request to [ramahfarmersmkt@gmail.com](mailto:ramahfarmersmkt@gmail.com)

Meanwhile we are working with local farmers, producers, market vendors, and customers to develop a plan to roll out a **market opening strategy**. The NM Farmers Marketing Association provides guidelines that we will use to create a safer way to conduct the market. We are working out the details now, and any ideas are welcome.

Watch for postings at the Post Offices, Local Stores and on Radio for pending dates.

*Thanks for all of the support !*

### ***And.....Fresh Veggies are Available Now!***

The Timberlake Food Circle, El Morro Food Circle and the Candy Kitchen Food Circle have all created a dynamic avenue for customers to still get greens, eggs, and other market type items.  
Access these Food Circles through Facebook, place your order and pick up at the designated spot.

For more information  
call the co-managers at 783-4440  
or e-mail [ramahfarmersmkt@gmail.com](mailto:ramahfarmersmkt@gmail.com)

*Thank You!*



*For your continuing support of the Arts Council during this difficult time. Please practice social distancing and wear masks where appropriate. Stay Safe!*

## PLEASE SUPPORT OUR PATRONS !!!

Ancient Way Café  
Now Open for Takeout!



505-783-4612  
HC 61 Box 44 Ramah, NM 87321  
Web: [elmorro-nm.com](http://elmorro-nm.com)  
Email: [elmorrorv@yahoo.com](mailto:elmorrorv@yahoo.com)  
RV and Cabin reservations may be made online or by phone



### OFFICE EQUIPMENT & SUPPLY, INC.

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### WAVE RIDERS OF THE ANCIENT WAY

Redwolf and Standing Feather  
are fully available for healing work.

Please call the Wave Riders' Yurt at 505-717-7841  
with questions or to make an appointment.



A Special **Thank You** to US Bank which has continuously supported  
EMAAC's programing and publicity for several years!  
The grants have especially benefitted our musical and youth programs.

### Attention! A Friendly Reminder regarding photos and videos!

If you attend an EMAAC event and take photos or videos,  
we would love to have copies of these for our  
archives and grant applications.  
Please tag them to the Old School Gallery's Facebook page

All materials for the Q3 August/September Newsletter are due by July 15. Please submit to the Program Committee at [emaacdirector@gmail.com](mailto:emaacdirector@gmail.com) before then for scheduling and approval.

On Going Monthly Groups:

KundaDance Fridays 5pm See On-going Groups for dates  
 So You Think You Can't Dance—First Fridays 7:30pm  
 Belly Dancing--Sat. 5pm---See On-going Groups for dates  
 Science Group—Third Sundays 1:30pm

# July 2020

On Going Weekly Groups:

Tai Chi Chuan---Mondays 5pm  
 Yoga—Thursdays 9:30am  
 Qui gong—Thursdays 6pm  
 Kundalini Yoga--5pm See On-going Groups for dates  
 Wu Family Tai Chi —Sundays 9:30am  
 Poetry Group—most Sundays 11am

| Sun                                 | Mon | Tue | Wed                   | Thu | Fri | Sat |
|-------------------------------------|-----|-----|-----------------------|-----|-----|-----|
|                                     |     |     | 1                     | 2   | 3   | 4   |
| 5                                   | 6   | 7   | 8                     | 9   | 10  | 11  |
|                                     |     |     | 15 EMAAC Board<br>3pm | 16  | 17  | 18  |
| 12                                  | 13  | 14  | 22                    | 23  | 24  | 25  |
|                                     |     |     | 22                    | 23  | 24  | 25  |
| 19 Exhibition and<br>Reception 10-5 | 20  | 21  | 22                    | 23  | 24  | 25  |
| 26                                  | 27  | 28  | 29                    | 30  | 31  |     |

# EMAAC Membership Form

The El Morro Area Arts Council (EMAAC) is a vibrant organization that celebrates diversity, thrives on the sharing of creative ideas through programs, exhibitions and workshops. EMAAC supports The Old School Gallery, a community-centered activity hub for traditional and contemporary arts. The Gallery is open Friday-Sunday 12-5. EMAAC membership is open to all artists and individuals who share a love of the arts and the Ramah/El Morro community. The membership term is from January 1 to December 31. Please Join Us!

Full Name \_\_\_\_\_

Email Address \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_

Web or Facebook Page \_\_\_\_\_

Receive Newsletter: Postal \_\_\_\_\_ or Email \_\_\_\_\_

New Member \_\_\_\_\_ Renewal \_\_\_\_\_

Membership Level:

\_\_\_\_\_ Student (\$12)

\_\_\_\_\_ Friend of EMAAC (\$37-\$99)

\_\_\_\_\_ Individual (\$24)

\_\_\_\_\_ EMAAC Champion (\$100-\$249)

\_\_\_\_\_ Family (\$36)

\_\_\_\_\_ EMAAC Sponsor (\$250 or More)

Interested in Volunteering? Y N How? \_\_\_\_\_

Mail this form with your comments or suggestions to:

**EMAAC, PO Box 296, Ramah, NM 87321 \* 505-369-4047 \* [www.theoldschoolgallery.org](http://www.theoldschoolgallery.org)**

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El Morro Area Arts Council  
PO Box 296  
Ramah, NM 87321