Page 1 El Morro Area Arts Council

### EL MORRO AREA ARTS COUNCIL

\* Harvest Displays

\* Tractor Parade

\* And More!!

VOLUME TWENTY TWO: ISSUE FOUR

FOURTH QUARTER 2019

One Mile East of the

on Highway 53

El Morro National Monument



Ancient Way Café & El Morro RV Park

Galleria Carnaval

Inscription Rock
Trading Post

**Old School Gallery** 

Ramah Farmers' Market

Wave Riders





In the Artists' Quarter

"Taking a New Path"

By Eden Gloria

Opening Reception Sunday, October 6, 3-5 pm

Exhibition Runs: October 4 - January 5

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### From the President

I want to thank all the volunteers who have supported the activities of EMAAC this year! Volunteers have contributed by performing the duties of docent, preparing the newsletter, maintaining the building and grounds, sharing visual and performing arts, developing and calendaring programs, managing festivals, participating on the EMAAC board, etc.

Two volunteers were instrumental in working with the Art In Schools group in Albuquerque to obtain a significant donation for our youth programming activities.

These volunteers are mighty but few. We, as a volunteer organization, need more members to volunteer and share in the support of our organization. Please come and join us!

Thanks again to all our volunteers.

Sharron Dishongh



January is Membership Renewal Month. Please come by the Gallery--Friday through Sunday from 12 - 5 to renew or join. We appreciate your continued support of the Arts! Thank you!



### OFFICE EQUIPMENT & SUPPLY, INC.

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### WAVE RIDERS OF THE **ANCIENT WAY**

**Redwulf and Standing Feather** are fully available for healing work. Please call the Wave Riders' Yurt at 505-717-7841 with questions or to make an appointment.

All materials for the 2020 1st Quarter Newsletter 2020 are due by December 1, 2019 Please submit to Redwulf before Nov. 20 for scheduling and approval by the programming committee at waveridersheal@yahoo.com

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### FOURTH QUARTER EVENTS continued...



### BINGO

Friday, November 8, 7 pm
Art, Gift Certificates and other fantastic items for prizes

\*Refreshments available!\*

We have daubers for sale and chips to use—
but bring your own if you have them.
\$12 Playing Books are available for purchase at the front door
& between each round.

We are always looking for *Great New/Un-used Items, Art Work & Services* as winning gifts for Bingo. Please *consider donating any special items you can't use. Thank You!* 

To donate, leave with the docent at the Gallery, Friday- Sunday 12 - 5 or Call RedWulf, 505 -717-7841



### **OPEN MIC**

Saturday, November 16, 7:00 pm \$5 (performers get in Free)

Come to perform



or be entertained by the talented folk in our community Refreshments available

If you wish to perform, call the gallery and sign up! 12 - 5 Friday - Sunday 505-369-4047

Or sign up at the door!

### Elizabeth Hunter in Concert

Friday, November 29th, 7:00 pm \$10 Refreshments available



Elizabeth Hunter is a soul infused multi-instrumentalist songwriter, whose tone is most often compared to Amy Winehouse or Norah Jones. She was a finalist on Fox 5's "New York Star of the Day," and is currently working on her debut album, drawing heavily on Motown, out this fall! Check out her self titled EP and singles on iTunes and Spotify!

Attention! A Friendly Reminder regarding photos and videos!

If you attend an EMAAC event and take photos or videos,
we would love to have copies of these for our archives and grant applications.

Please tag them to the Old School Gallery's Facebook page, or if you are not on social media, you can email Images or links to videos to emaacdirector@gmail.com

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### FOURTH QUARTER EVENTS continued...

### **SMALL BUSINESS SATURDAY**

November 30, 2019

Come Support Your Local El Morro Valley Businesses

Discounts \* Sales \* Free Samples \* Music \* Art \* Holiday Herb Fest

### **Participating Merchants**

Ancient Way Cafe – El Morro Feed and Seed – Galleria Carnaval
Inscription Rock Trading -- The Old School Gallery – Thunder Heart Healing
and EMAAC Artists

A great way to do your Holiday shopping!



### Winter Concert

Saturday Evening, December 7th, 7:00pm \$7

On this winter night, fill your heart with beautiful sounds from the voices and instruments of our local musicians.

Performances by Carol Macray, Imajinary, Redwulf and others.

Hot beverages and refreshments available.

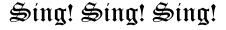
### Come One! Come All!

EMAAC Annual Membership Meeting

December 8, 1-3 pm

Come welcome our new board members, approve the annual budget and give a big "Thank You" to the outgoing board members.

Music, Food, Beverages and Conviviality provided.





Come join the EMAAC Community to sing Holiday Songs and Carols.

Sunday, December 15, 3pm

Bring your favorite holiday goodies for snacking.

Hot beverages provided

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### Q 4 WORKSHOPS and CLASSES

### **Beginners Watercolor Class with Charlie Aaron**

<u>Materials list:</u> Watercolor paper, 150 lb thickness or heavier; at least a half pan of watercolor paints-liquid or cakes; watercolor brushes- flat 1", round #0, round #2 and a rigger; and a water pot with closeable lid. The rest of materials supplied.

Mondays from 6:30 to 8:30pm- \$10 each Monday

Oct 7th- intro to paper, tools, and watercolor. Learn flat wash, graded wash and glazing.

Oct 14th- color mixing, brush technique, masking

Oct 21st- patterns and transfers, how to make it work

Oct 28th- review

Nov 4th- light play, shading and grading colors

Nov 11th- painting clouds

Nov 18th- painting water

Nov 25th- review

Dec 2nd- finishing, trimming and flattening paper

Dec 9th- holiday greeting cards/final project and review

Charlie is an amazing artist working in multiple mediums. Her work is on sale at Galleria Carnaval and at The Ancient Way Café'. She has been painting in watercolor for 7 years."

### Plein Air Painting Workshop with Michael Chesley Johnson

November 2nd---10 am to 4 pm

Join artist Michael Chesley Johnson for a day of plein air painting! The day will start indoors at the Old School Gallery with Michael sharing his basic process, followed by a demonstration in the field. Afterwards, students will paint, and Michael will go from easel to easel, offering help and guidance. If you've never painted outdoors before or want to hone your skills, this is the workshop for you! All levels, from beginner to more experienced painters are welcome. Any medium is welcome, too. (Michael will be demonstrating in oil.)

You will want to bring a bag lunch, and you will need a field easel, or chair and small table to work on. A suggested supply list will be given upon registration. Workshop limited to 8 participants.

Michael is an award-winning artist who has been invited to many national plein air painting events, including those at Grand Canyon and Zion National Park. A signature member of the American Impressionist Society, he is a frequent writer for The Artist's Magazine and Pastel Journal and author of several books. He teaches painting workshops throughout the US and Canada. His website is www.MChesleyJohnson.com

Price: Suggested donation to EMAAC of \$25 Questions? Contact Michael at mcj.painter@gmail.com, 505-303-0702 Page 6 El Morro Area Arts Council

### Q 4 WORKSHOPS and CLASSES continued....

### **Somatic Healing** Facilitated by Balance

First and third Tuesday each month- Oct 1, Oct 15, Nov 5, Nov 19, Dec 3, Dec 17 5:30-7:00 pm at The Old School Gallery
Suggested donation \$5-- proceeds go to EMAAC

Somatic Healing is an exploration in body/mind/spirit healing. In these sessions, we will be exploring improvisational dance as a means of improving one's health and well-being.

Balance will be offering guided visualizations at the start of each session which focus on dance and movement as Qi Gong, through which we not only seek to heal ourselves, but the community and the world by engendering Peace within. Additionally, these sessions will include both Yin-style Yoga and Crane Style Qi Gong, an elegant and simple 5 part Qi Gong series which focuses solely on healing the body/mind/spirit.

Balance is a former professional dancer and dance educator. He holds both a BFA in Choreography and Performance from LSU as well as an MFA in Dance from Temple University. He has practiced and taught Qi Gong, Reiki, and Visualization techniques for over 20

### Creating Comic Books with Imajinary



Friday, October 18th 5 - 7 pm \$5

In this workshop, open to children and adults, we will be learning how comic books are made. Including a brief history of comics, as well as a few simple lessons in figure drawing and anatomy, our goal will be to tell a story in a visual sequence—that is—make a comic book of your own!

Come ready to use your imagination: no art experience necessary.

Materials and snacks provided.

### Want to Lead a Workshop next Quarter?

If you're interested in leading a workshop, the programming committee would like to hear from you. All subjects are welcome: art, music, theater, history, anthropology, science, healing, geology, cooking, poetry, psyanky, quilting, weaving--you decide. To get into next quarter's Newsletter all info must be submitted to programming for approval before November 20th, 2019.

Email Redwulf at waveridersheal@yahoo.com



### REMEMBER!

January is Membership Renewal Month. Please come by the Gallery-Friday through Sunday from 12 - 5 to renew or join. We appreciate your continued support of the Arts! Thank you!

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### **EXHIBITORS' NOTES**

Fourth Quarter Theme: "Taking a New Path"

Q4 Art may be submitted and Q3 art picked up Sept. 28-29 <u>Art Submission/pick-up **Deadline**</u>: Thursday, Oct. 3, 11:30 am (no later!) If you cannot meet this deadline, please contact the Gallery (505) 369-4047, Friday-Sunday 12-5pm to make earlier arrangements.

Each exhibition has a theme/title which is chosen by the artist(s) featured in the Artists' Quarter. The themes are meant to inspire, are open to interpretation and are never mandatory.

Exhibition openings are in salon format and all exhibitors are encouraged to attend. **Exhibiting artists are asked to bring finger-foods to share.** 

First Quarter 2020 Theme: Here is One Slice in Nature
Joyce Heuman in the Artists' Quarter
Art for the First Quarter exhibition will be hung January 9, 2020

In the Artists' Quarter

### "Taking a New Path"

By Eden Gloria

Opening Reception Sunday, October 6, 3 pm

> Exhibition Runs: October 4 - January 5

### Calling All Local Artists:

If you would like to exhibit your art in "The Artists' Quarter" (on the Old School Gallery Stage) please contact Pam Davis at <a href="mailto:pamelad1946@gmail.com">pamelad1946@gmail.com</a> or call (505) 870-6245. The next available opening is Q4, 2021. As with the regular quarterly exhibits, you must be a member of the Arts Council and live within 100 miles of the Old School Gallery.

Thank you, The Exhibition Committee

### MONTHLY READING GROUP Third Tuesdays @ 7:30

Educated, A Memoir, Tara Westover 2018 Biography

The story of her childhood as the 7th child in a survivalist family in Idaho with a brutal father. The New Yorker calls it an "astounding" book of "uncommon perceptiveness." The author "examines her childhood with unsparing clarity, and, more startlingly, with curiosity and love"....

October 15th 7:30 pm at the home of Caroly Jones 783-





November 19, 6:00 pm pot luck dinner at the home of Pam Davis. 505-870-6245.

The book group has an annual meeting in November to select the books for the entire next year. Each reader is urged to contribute two or three titles she or he would like to read, and be prepared to discuss the merits of the suggestions. The group will select one title from each participant. Books can be classics, fiction or non-fiction, older or relatively new, although a year or two old is better for buying used copies or obtaining at the library. Popular, brand-new books, while enticing, are harder to borrow and more expensive to buy.

The Book Group will not meet in December because of Holiday conflicts; but please stay tuned for next year's great reads and meeting locations.

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### **ON-GOING GROUPS**

Are free and meet at the Old School Gallery unless otherwise noted

### Tai Chi Chuan

### Sun and Moon Circle

Taught by Monika and Urs Gauderon Mondays, 5-6:30p.m.—\$60/4 sessions Meet at the Bellybutton For directions or information call (505) 775-3045

### Weekly Yoga

Yoga every Thursday 9:30-10:45 Beginners welcome.



Come join us and increase your flexibility and relax your mind.

Questions? Contact Chris at (505)783-4866 or email cmar-

### **QI GONG CLASS**

Taught by Jon Marshall Thursdays 6:45-8 p.m.

For information call 505-593-0476

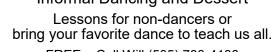


### Kundalini Yoga

"Yoga for Real Life"
with Catherine Embrey
4pm Fridays
Oct. 11th \* Nov.1st \* Nov. 22nd \* Dec 13th

### "So.... You Think You Can't Dance?"

The First Friday of each month 7:30 pm at the Belly Button Ballroom Informal Dancing and Dessert



FREE Call Will (505) 783-4138 for directions or questions

### GoddessLife Rainbow Goddess

Belly Dancing Lessons with Catherine Embrey 4 pm Saturdays

Oct. 19th \* Nov. 9th \* Nov. 30th

### Wu Family Long Form Tai Chi with Reed

Sundays, 9:30 at the Gallery
Come and learn the Wu Family Tai Chi form.
Chi Gung practices as well.
Beginners are especially WELCOME!
Call Reed at (505)658-5444 for more information

### **Poetry Group**

Most Sundays at 11:00 am at Inscription Rock Trading & Coffee Co.

Poets at all levels of development meet to share poetry and support each other.

Call Jack at (505)783-4007 for more information

### Science Group! Join the lively discussion!

The third Sunday of each month 1:30 p.m. in *The Loft* at Inscription Rock Trading & Coffee Co.

We are currently discussing quantum mechanics, uncertainty and the space-time of black holes. Join us for a mind-bending time!

"Not only do we live among the stars, the stars live within us" Call Jane (505) 783-4551 or Rosalie (505) 783-4076 for more information Page 9 El Morro Area Arts Council

### **Q 4 COMMUNITY EVENTS**



### **OPOGallery**

Second Saturdays! Art & Music

October 12 - Four Women

November 9th - Cobin Willie

December 14 - Holiday Surprises

5-7pm, 302 South Second, Gallup NM



### Howl-o-ween at The Wild spirit Wolf Sanctuary

Free Standard Tours at 11:30, 1:30 & 3:30

Pumpkin Feeding tour at 9:00 am

Meet and Greet at 1:00 & 3:00

Howl-o-ween Raffle

Face painting

Games

### THANKSGIVING FEAST at THE OLD SCHOOL GALLERY

Thursday, November 28th, 1pm Please bring Salads, Side dishes and Desserts.

Turkey, dressing and drinks will be provided, compliments of The Ancient Way Cafe
If you can help set up call 505-783-4612. Thank you!





### SMALL BUSINESS SATURDAY

November 30, 2019
Come Support Your Local El Morro Valley Businesses

Discounts \* Sales \* Free Samples \* Music \* Art \* Holiday Herb Fest

### **Participating Merchants**

Ancient Way Cafe – El Morro Feed and Seed – Galleria Carnaval –
Inscription Rock Trading -- The Old School Gallery – Thunder Heart Healing
and EMAAC Artists



Page 10

Sun

Mon

Wed

Thu

Fz.

Sat

# On Going Monthly Groups: Book Discussion Group—Third Tuesdays 7:30pm

Kundalini Yoga---Certain Fridays 4pm So You Think You Can't Dance—First Fridays 7:30pm Belly Dancing ---Certain Saturdays 4pm Science Group—Third Sundays 1:30pm

### 2019

## On Going Weekly Groups:

Tai Chi Chuan —-Mondays 5pm Yoga—Thursdays 9::30am Qui gong—Thursdays 6:45pm Wu Family Tai Chi with Reed—Sundays 9:30am

		1 SOMATIC HEALING 5:30pm	2	3	4	5 FALL FESTIVAL 10am - 5pm
6 ART OPENING 3 - 5pm	7 WATERCOLOR CLASS 6 - 8pm	00	9	10	11	12
13	14 WATERCOLOR CLASS 6 - 8pm	15 SOMATIC HEALING 5:30pm	16 EMAAC Board Meeting 3pm	17	18 COMIC BOOK WORKSHOP 5-7PM	19
20	21 WATERCOLOR CLASS 6 - 8pm	22	23	24	25	26
27	28 WATERCOLOR CLASS 6 - 8pm	29	30	31		



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Book Discussion Group—Third Tuesdays 7:30pm
Kundalini Yoga---Certain Fridays 4pm
So You Think You Can't Dance—First Fridays 7:30pm
Belly Dancing ---Certain Saturdays 4pm
Science Group—Third Sundays 1:30pm

On Going Monthly Groups:

# November 2019

# On Going Weekly Groups:

Tai Chi Chuan —Mondays 5pm Yoga—Thursdays 9::30am Qui gong—Thursdays 6:45pm Wu Family Tai Chi with Reed—Sundays 9:30am Poetry Group—most Sundays 11am

24	17	10	ω		Sun
25 WATERCOLOR CLASS 6 - 8pm	18 WATERCOLOR CLASS 6 - 8pm	11 WATERCOLOR CLASS 6 - 8pm	4 WATERCOLOR CLASS 6 - 8pm		Mon
26	19 SOMATIC HEALING 5:30pm	12	5 SOMATIC HEALING 5:30pm		Tue
27	20 EMAAC Board Meeting 3pm	13	6		Wed
28 THANKSGIVING FEAST 1pm	21	14	7		Thu
29 Elizabeth Hunter CONCERT 7pm	22	15	8 BINGO 7pm	1	Fri
30 SMALL BUSINESS SATURDAY	23	16 OPEN MIC 7pm	9	2 PLEIN AIR WORKSHOP 10 - 4	Sat

### Book Discussion Group—Third Tuesdays 7:30pm On Going Monthly Groups:

Science Group—Third Sundays 1:30pm Belly Dancing ---Certain Saturdays 4pm So You Think You Can't Dance—First Fridays 7:30pm Kundalini Yoga---Certain Fridays 4pm

### December 2019

### On Going Weekly Groups:

Yoga—Thursdays 9::30am Tai Chi Chuan — Mondays 5pm

Wu Family Tai Chi with Reed—Sundays 9:30am Qui gong—Thursdays 6:45pm

Poetry Group—most Sundays 11am

Sun	Mon	Tue	Wed	Thu	Fri.	Sat
1	2 WATERCOLOR CLASS 6 - 8pm	3 SOMATIC HEALING 5:30pm	4	<b>G</b>	6	7 WINTER CONCERT 7pm
8 EMAAC ANNUAL MEMBERSHIP MEETING 1 -3	9 WATERCOLOR CLASS 6 - 8pm	10	11	12	13	14
15 HOLIDAY SING-ALONG 3pm		17 SOMATIC HEALING 5:30pm	18 EMAAC Board Meeting 3pm	19	20	21
	23	24	25	26	27	28
	30	31				
	Please c We depend	Please consider becoming a member of the El Mor We depend on your support to bring the Arts to our c	a member of the to bring the Arts t	El Morro Area Art	ro Area Arts Council. community. Thank You	

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### EMAAC Membership Form

The El Morro Area Arts Council (EMAAC) is a vibrant organization that celebrates diversity, thrives on the sharing of creative ideas through programs, exhibitions and workshops. EMAAC supports The Old School Gallery, a community-centered activity hub for traditional and contemporary arts. The Gallery is open Thursday-Sunday 12-5. EMAAC membership is open to all artists and individuals who share a love of the arts and the Ramah/El Morro community. The membership term is from January 1 to December 31. Please Join Us!

Email Address		
Mailing Address		
Dity	State	Zip
Phone Number		
Neb or Facebook Page		
Receive Newsletter: Postal	or Email	
New MemberRenewal		
Membership Level:		
Student (\$12)		Friend of EMAAC (\$37-\$99)
Individual (\$24)		EMAAC Champion (\$100-\$249)
Family (\$36)		EMAAC Sponsor (\$250 or More)
nterested in Volunteering? Y N Ho	w?	
Mail this form with your comments or sugg	estions to:	
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